

LX18

Red Light Therapy Belt

User Manual

1. About American Wellness Authority:

Our journey began long ago, first at a retail store in North Carolina and then online. Over the years, we've sold some of the country's most iconic brands. Ranging in categories like fitness accessories, professional beauty, healthcare, gourmet food, personal care, and many in between. We've sold thousands of SKUs to happy customers all over North America, and we feel truly blessed for the opportunity.

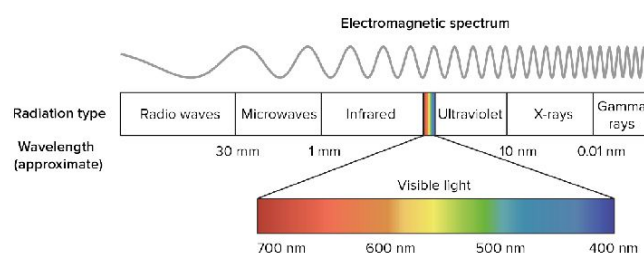
During the Pandemic, we realized how difficult it was to continue delivering our best sellers. We couldn't replenish our stock and there wasn't much we could do. We didn't have control of the production. We couldn't change any designs or product capabilities. With our options limited, we decided to double down on our knowledge and experience, and bring to you American Wellness Authority, or AWA for short.

Since then, our team of 10 spent countless months researching and debating. Searching for ways to deliver practical products, one's we'd be proud of. Our focus was on things that make people feel good and could enhance their lives in one way or another.

So we set out on our journey, and here we are today. We couldn't be more excited to share this with you. And we sincerely appreciate your taking an interest in our product and our company. We're a small, family-run business and there isn't enough we can do to say, thank you.

2. About Light Therapy:

Light is a composition of various electromagnetic waves. The white light that we see has a spectrum of 7 different color lights with different wavelengths.



Different wavelengths of visible light penetrate the skin at different depths. Depending on how deeply they penetrate, LED lights to have different biological effects that treat various skin and muscle-related issues.

Red Light Therapy: (660nm)

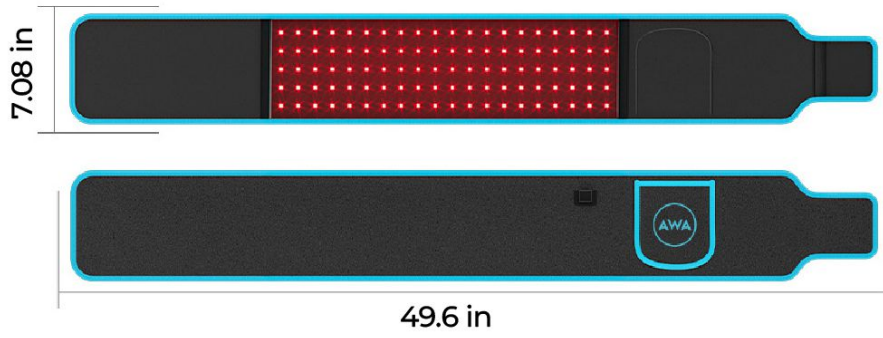
- It targets skin cells (fibroblasts), which play a role in collagen production. This protein makes up a large part of connective tissue and helps the skin to recover when it's harmed.
- Reduce skin cell inflammation and redness and improve blood circulation.
- Reduce wrinkles, and dull pigmentation, relieve skin fatigue, restore skin elasticity and luster, and promote skin rejuvenation and deep repair.

Infrared or Near-Infrared Light Therapy: (850nm)

- Penetrate beyond Dermis and reach muscle tissues.
- Get absorbed by the Mitochondria (also called the Powerhouse of the cell) that accelerate the healing process in the tissues and promote blood circulation that reduces pain effectively.
- Allow skin products to absorb better by enhancing skin elasticity and moisture retention. Helps in shrinking pores.

3. Direction of Use:

- To use the waist belt, fasten it securely around your waist.
- Connect the power cord to the belt and a suitable power source.
- Use the remote control to select your desired mode (e.g., red light, infrared, vibration) and intensity levels.
- Start with shorter sessions and gradually increase the duration as per your comfort.



4. Function & Modes:

1. Red Light Mode:

Function: Emits red light with a specific wavelength that penetrates the skin to stimulate the cells and promote natural healing.

Application: Red light therapy is commonly used for pain relief, skin rejuvenation, and enhancing overall well-being.

2. Infrared Light Mode:

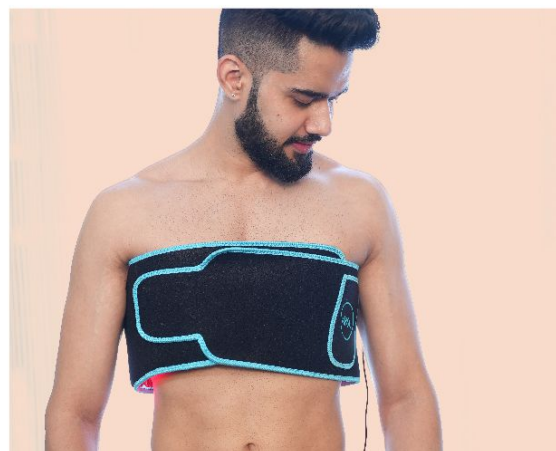
Function: Infrared light, also known as infrared therapy, generates gentle heat that penetrates deeper into the body to relax muscles and improve blood circulation.

Application: Infrared light is often used for pain management, muscle relaxation, and supporting recovery.

3. Vibration Mode:

Function: The vibrations provide a massaging effect, helping to alleviate muscle tension, reduce discomfort, and enhance relaxation.

Application: Vibration therapy can be used for muscle relaxation and promoting a sense of well-being.



5. Technical Specifications:

Lamp Material	PU+ Fabric	Shell Color	Black & Blue
Actual Power	18W	Wavelength	660nm/850nm
LED Quantities	105 PCS	Product Size	L47.6*W6.7*H0.9in
Output Current	12V---2A	Input Voltage	AC100-240V 50-60Hz
Carton Dimensions	L12.2*W9.4*H3.5in	G.W.	3.3 lbs
Modes	Red Light, Infrared Light, Vibration	Product Weight	1.9 lbs

6. Precautions (DOs and DON'Ts):

- Follow the provided user manual for safe and effective use.
- Keep the belt dry and avoid using it in wet or damp conditions.
- Store the waist belt in a cool, dry place when not in use.
- Do not use the waist belt if you are pregnant.
- Keep the belt out of reach of children.
- Do not use the waist belt while sleeping.
- Avoid staring directly at the light.

7. Cleaning:

- Ensure the device is turned off and disconnected from any power source before cleaning.
- Take a soft, damp (not wet) cloth. You may dampen it with warm water if necessary. Ensure the cloth is not dripping with water to prevent moisture from seeping into the device.
- Carefully wipe the fabric surface of the belt with the damp cloth. Gently rub any areas that need cleaning.
- Do not soak the belt or use excessive water as it may damage the LEDs and the device's electronic components.
- After cleaning, allow the belt to air dry completely before using it again. Ensure it's completely dry to prevent any potential moisture-related issues

8. Storage:

- Store the waist belt in a cool, dry place when not in use.
- Ensure that it is kept away from direct sunlight, extreme temperatures, and moisture.
- Place the belt in a protective bag or cover, if available, to prevent dust accumulation.
- Keep the remote control and power cord with the belt for convenient access when needed.

9. FAQs:

How often can I use the waist belt?

It is recommended to use the waist belt for up to 30 minutes at a time, and you can use it as frequently as needed based on your comfort and wellness goals.

Can I use the waist belt with other medications or treatments?

Consult with a healthcare professional before combining the use of the waist belt with other medications or treatments to ensure safety and effectiveness.

How long does it take to notice results from using the waist belt?

The time it takes to notice results can vary depending on individual needs and usage frequency. Some users may experience benefits after a few sessions, while others may require more time.

Can I share the waist belt with others?

It is recommended that each user has their own waist belt for hygiene and personalized use. Sharing the waist belt may not be suitable for everyone.

Can I use the waist belt on specific body areas other than the waist?

While the waist belt is primarily designed for use around the waist, it can also be applied to other areas, such as the lower back or thighs, for localized benefits.

Is the waist belt safe for all ages?

The waist belt is not suitable for children. Adults should use it as directed in the user manual.

What should I do if the waist belt malfunctions or I experience discomfort during use?

Discontinue use immediately and contact our customer support for assistance. Do not attempt to repair the waist belt on your own.

Can I use the waist belt while engaging in physical activities or exercise?

While it is possible to use the waist belt during light physical activities, it is recommended to sit or lie down during your therapy session for the best results and comfort.

Is the waist belt compatible with power banks for on-the-go use?

Yes, you can power the waist belt using a power bank with an output of 5V 2A or higher, providing flexibility for portable use.

Can I adjust the intensity levels while using the waist belt?

Yes, the waist belt offers three intensity levels, allowing you to customize your therapy session to your comfort and preference.

10. Warranty:

For additional information, feedback, and warranty registration, please don't hesitate to contact us. Our dedicated support team is here to assist you.

Contact Information

Email: Contact@awastore.us

Warranty Details:

Enjoy peace of mind with a 1-year warranty for your LX18 Red Light Therapy Belt.

Warranty Registration:

To register your product for warranty coverage and access exclusive benefits, simply scan the QR code below or visit our website.



We value your satisfaction and are committed to providing exceptional customer support. Your feedback and warranty registration help us ensure your product's continued performance.

11. Disclaimer:

This device has not been evaluated by the U.S. Food & Drug Administration (FDA). Our products are designed to maintain or encourage a healthy lifestyle and are not intended to diagnose, treat, cure, or prevent any disease. Our products are low-risk, general wellness/fitness products that do not require FDA clearance, in accordance with the "General Wellness: Policy on Low-Risk Devices" draft released on January 20, 2015.

12. Contact Us:

You can contact the AWA team via Email: contact@awastore.us

You can visit www.awastore.us for more information.



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